

March '10

RigDzin Dharma Foundation

322 Washington St. SE, Albuquerque
505 401 7340 www.rigdzin.com



	1 CENTER CLOSED	2 Center open 11-3 12:15 Meditation 1pm Ngondro Practice 6:30pm Discussion Group	3 6:30pm Meditation	4 Center open 11-3 12:15 Meditation 1pm Ngondro Practice	5 CENTER CLOSED	6 Center open 11-3 12:15 Meditation
7 Center open 11-3 12:15 Meditation	8 CENTER CLOSED	9 Center open 11-3 12:15 Meditation 1pm Ngondro Practice 6:30pm Discussion Group	10 6:30pm Meditation 7:00pm *Vajrayogini practice	11 Center open 11-3 12:15 Meditation 1pm Ngondro Practice	12 CENTER CLOSED	13 1pm & 2:45pm "Dhamma Brothers" Film at Guild Cinema
14 SOJONG 1pm & 2:45pm "Dhamma Brothers" Film at Guild Cinema	15 CENTER CLOSED	16 Center open 11-3 12:15 Meditation 1pm Ngondro Practice 6:30pm Discussion Group	17 6:30pm Meditation 7:00pm Achi Chokyi Drolma Protector Practice	18 Center open 11-3 12:15 Meditation 1pm Ngondro Practice	19 CENTER CLOSED	20 Center open 11-3 12:15 Meditation 1:00pm Dalai Lama Renaissance Vol. 2 at Rigdzin Center (Tickets \$5)
21 Center open 11-3 12:15 Meditation	22 CENTER CLOSED	23 Center open 11-3 12:15 Meditation 1pm Ngondro Practice 5pm Medicine Buddha 6:30pm Discussion Group	24 6:30pm Meditation 7:00pm Lama Chopa with tsok	25 Center open 11-3 12:15 Meditation 1pm Ngondro Practice	26 CENTER CLOSED	27 Center open 11-3 12:15 Meditation
28 Center open 11-3 12:15 Meditation	29 CENTER CLOSED	30 Center open 11-3 12:15 Meditation 1pm Ngondro Practice 6:30pm Discussion Group	31 6:30pm Meditation 7:00pm Amitabha Buddha Practice followed by *Phowa	*Phowa practice requires prior instruction and transmission (lung). **Vajrayogini Practice requires empowerment		